

General Feeding Guidelines

#	Type of Horse	Feed	Description
1	Maintenance	<ul style="list-style-type: none"> • Fit & Fibre • Fibrelite • Phase IV • Brooks or CF 12% 	<p>Feed to maintain bodyweight. Supplement with a Brooks mineral/vitamin supplement such as Enhancer or All Phase 20 if feeding a complete feed at less than 1/2 pound per 100 pounds of bodyweight.</p> <p>Flax Appeal for health & conditioning</p>
2	Maintenance: Weight Gain	<ul style="list-style-type: none"> • Fibre "O" Plus • Phase V • Un-Ti • Fit & Fibre 	<p>Most horses require 4-5 pounds extra concentrate above maintenance to gain a 1/2 pound of bodyweight per day. Higher fat levels increase calorie density.</p> <p>Flax Appeal and/or Equi-Jewel for extra calories</p>
3	Maintenance: Weight Loss	<ul style="list-style-type: none"> • All Phase 20 • Enhancer • Micro Phase 	<p>Feed to balance the ration with minerals and vitamins without unnecessary calories</p>
4	Pleasure Riding	<ul style="list-style-type: none"> • Fit & Fibre • Fibrelite • Phase IV • Brooks or CF 12% 	<p>Feed fibre and fat based feeds with moderate calorie density to minimize the undesirable effects of high sugar and starch (NSC) sweet feeds.</p> <p>Flax Appeal for health & conditioning</p>
5	Pleasure Riding: Weight Gain	<ul style="list-style-type: none"> • Fibre "O" Plus • Un-Ti • Phase V • Fit & Fibre 	<p>Higher level of fat increases the calorie density and effectiveness for weight gain. Fat content ranges from 12% (Fibre "O" Plus) to Fit & Fibre (6.5 % fat).</p> <p>Flax Appeal and/or Equi-Jewel for extra calories</p>

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6	Pleasure Riding: Weight Loss	<ul style="list-style-type: none"> • All Phase 20 • Enhancer • Micro Phase 	Feed to balance the ration with minerals and vitamins without unnecessary calories.
7	Hunter	<ul style="list-style-type: none"> • Fit & Fibre • Phase V • Un-Ti 	Requires medium level of controllable energy from fibre and fat based feeds such as Fit & Fibre. Higher calorie feeds for weight maintenance. Flax Appeal for health & conditioning
8	Jumper: Novice to Intermediate	<ul style="list-style-type: none"> • Fit & Fibre • Phase V • Leading Edge • Fibre "O" Plus 	Fibre and fat based rations with controlled NSC level matched to intensity of activity minimizes the effect on temperament. Fit & fibre works well where moderate energy is required. Flax Appeal for health & conditioning
9	Jumper: Upper Level	<ul style="list-style-type: none"> • Fibre "O" Plus • Phase V • Un-Ti • Power Play 	Manageable calories required from aerobic and anaerobic sources. Controlled or measured NSC level to match the horse's ability and temperament. Flax Appeal and/or Equi-Jewel for extra calories
10	English Pleasure	<ul style="list-style-type: none"> • Fit & Fibre • Phase V 	Fibre & fat based rations like Fit & Fibre supply energy for activity & maintenance with minimal effect on temperament. Flax Appeal for health & conditioning
11	Dressage: Novice to Intermediate	<ul style="list-style-type: none"> • Fit & Fibre • Phase V • Un-Ti • Fibre "O" Plus 	Requires medium level of energy from fibre and fat based feeds combined with controlled or reduced NSC. Match the energy in the feed to the intensity of the activity. Higher fat content equals greater calorie density. Flax Appeal for health & conditioning

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12	Dressage: Advanced	<ul style="list-style-type: none"> • Fibre "O" Plus • Un-Ti • Phase V • Power Play • Competition Plus 	<p>Requires very high energy level. Extra fat helps feed aerobic muscle activity. Measured NSC levels from Power Play/ Competition Plus helps restore muscle glycogen while controlled/reduced NSC maintains calm and focus.</p> <p>Flax Appeal and/or Equi-Jewel for extra energy & condition</p>
13	Western Pleasure	<ul style="list-style-type: none"> • Fit & Fibre • Phase V • Brooks or CF 12% 	<p>Fibre and fat based energy helps maintain quiet control. Some horses may require more measured NSC levels for greater stamina and forward motion.</p> <p>Flax Appeal for health & conditioning</p>
14	Barrel Racing, Quarter Horse Racing	<ul style="list-style-type: none"> • Phase III • Power Play • Brooks or CF 12% 	<p>Very quickly available anaerobic energy from starch/sugar is required for quick bursts of speed while measured carbohydrates may enhance focus and control.</p> <p>Flax Appeal and/or Equi-Jewel for extra energy & condition</p>
15	Team Penning, Cutting, Reining, Roping	<ul style="list-style-type: none"> • Power Play • Phase V • Fit & Fibre 	<p>Feed to fuel quick movement and control. Higher fibre and fat feeds with controlled carbohydrates may enhance focus and control.</p> <p>Flax Appeal and/or Equi-Jewel for extra energy</p>
16	Standardbred Racing	<ul style="list-style-type: none"> • Competition Plus • Photo Finish • Pacemaker • Leading Edge 	<p>Measured or optimized NSC levels with substantial fat and quality fibre fuel a combination of muscle types. For horses susceptible to tying up use Un-Ti as an effective option.</p> <p>Flax Appeal and/or Equi-Jewel for extra energy & condition</p>

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17	Thoroughbred Racing	<ul style="list-style-type: none"> • Phase III • Un-Ti • Leading Edge 	<p>Predominance of Type 2A muscles require optimized NSC. levels mixed with energy from fat and fibre for sustained speed.</p> <p>Flax Appeal and/or Equi-Jewel for extra energy & condition</p>
18	Competitive Trail Endurance	<ul style="list-style-type: none"> • Un-Ti • Leading Edge • Phase V • Fit & Fibre • Power Play 	<p>Depending on the distance and duration of the event they can utilize high levels of fat energy to fuel aerobic muscle movement while controlled or measured carbohydrates restore muscle glycogen.</p> <p>Flax Appeal and/or Equi-Jewel for extra energy & condition</p>
19	Polo	<ul style="list-style-type: none"> • Competition Plus • Power Play • Leading Edge • Un-Ti 	<p>Very quick spurts and combined with slower movements require a mix of energy sources including measured carbohydrates.</p> <p>Flax Appeal and/or Equi-Jewel for extra energy & condition</p>
20	3 Day Eventing	<ul style="list-style-type: none"> • Un-Ti • Fibre "O" Plus • Leading Edge • Power Play • Phase V 	<p>Requires high energy and stamina from controlled or reduced NSC, quality fibre and fat. Choose according to level of competition along with needs and disposition of the horse.</p> <p>Flax Appeal and/or Equi-Jewel for extra energy & condition</p>
21	Older Horse: Overweight	<ul style="list-style-type: none"> • All Phase 20 • Enhancer 	<p>Balance the ration with minerals/vitamins without unnecessary calories. Flax Appeal may help circulation and joint health.</p>
22	Older Horse: Underweight	<ul style="list-style-type: none"> • Fibre "O" Plus • Un-Ti • Phase V • Fibrelite 	<p>Requires a very high calorie intake from high quality fibre and fat and controlled/reduced NSC. Fibrelite preferably soaked can add extra fibre where hay intake is minimal. Flax Appeal may help circulation and joint health.</p> <p>Flax Appeal and/or Equi-Jewel for extra energy & condition</p>

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23	Tying Up Syndrome, RER, PSSM	<ul style="list-style-type: none"> • Un-Ti • Leading Edge 	<p>Complex condition requiring a diagnosis & management strategy including lower NSC intake.</p> <p>Flax Appeal and/or Equi-Jewel for extra energy & condition</p>
24	Metabolic Syndrome	<ul style="list-style-type: none"> • All Phase • Enhancer 	Requires a low NSC intake along with adequate minerals. Seek veterinary input.
25	Cushing's: Overweight	<ul style="list-style-type: none"> • All Phase • Enhancer 	Requires a low NSC intake along with adequate minerals. Feeding depends on weight management. Seek veterinary input.
26	Cushing's: Underweight	<ul style="list-style-type: none"> • Un-Ti • Fibre "O" Plus • Un-Ti/Fibre "O" Plus 	<p>Supply low NSC. Calories along with Flax Appeal/Equi-Jewel for added fat. Soaked Fibrelite can add extra fibre where hay intake is minimal.</p> <p>Flax Appeal and/or Equi-Jewel for extra energy & condition</p>

NOTE: **Senior horses** vary in their condition and specific needs. In general a well-balanced diet with the best quality ingredients meets the needs of most seniors. Those seniors with issues related to age should be managed in such a way as to address their specific condition or limitations.

Non-Structural Carbohydrate (NSC) Color Code Legend:

Reduced: The level of sugar and starch in the formulation has been significantly reduced to maximize the positive effects of non NSC sources such as high quality fibres and fats.

Controlled: The positive effects of non NSC energy sources (fibre, fat) are maximized while controlled soluble carbohydrates are included to fully augment athletic achievement or growth.

Measured: Rapidly available carbohydrate energy is perfectly blended with the highest quality fibre and fat sources to provide power and speed combined with stamina and response.

Optimized: While a blend of energy sources are included, rapidly available carbohydrates are emphasized to support maximum speed and power.

Very Low: The level of NSC is +/- 10%. Use in conjunction with mineral/vitamin balancers to minimize NSC intake. Not all cases are conducive to very low NSC options. Consultation with a qualified Brooks nutrition consultant and hay sampling are recommended.